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Miss Spinsterish Liz Parker



Name: **Liz Parker**

Age: **Old enough I've been around the block; young enough for another spin. But slower.**

Job: **Publicist/Image consultant. Foundress, LIZPR. <http://www.lizpr.com>**

Describe your morning beauty routine. How do you get ready for work?

When I was working for other people, the morning routine was a busy one - get up, shower, plug-in the flat iron, do make-up, have breakfast, dry hair if still needed, flat-iron the hair, don the fab outfit now that I'm working from home, I still style my hair and do my makeup because if I don't, I'll feel like shit. But I often work in yoga clothes. When I run out to meet a client, on goes the cute top, wide belt, pencil skirt, and heels, the whole works. I love both stretchy yoga clothes and dressy urban ensembles; that's what happens when a Vancouver girl moves to Toronto.

When you're going out for the evening, how do you do your eyes? Lips? Cheeks?

More drama than daytime. Darker eyeshadows, more mascara. Cheeks - I don't change my blush - I wear what suits my skintone, period. (Though I like adding gold dust for sheen.) Lips - depends on the eyeshadow. If I'm going more dramatic on the eyes, I ease up on the lips with a gloss. If I'm in the mood for dramatic fuck-me red lipstick, then I keep the eyes more neutral.

Who or what are your main style influences, in terms of beauty?

Oh, I'm all over the map. Coco Chanel. Toronto's Kingi Carpenter of Peach Berserk. Betsey Johnson. Sunny Fong, winner of 2009's Project Runway Canada. Whatever Kate Moss is wearing. I also love Carole Bouquet (remember Aleksandr Petrovsky's former wife? Carrie had lunch with her in the restaurant. HER.), Rihanna, Lady Gaga ... I told you, all over the map.

What magazines do you love to read? Are you obsessed?

I'm obsessed with looking at pictures and how outfits are put together. But that's editorial. I really love seeing how people put outfits together out in public. Unfortunately, North Americans are shit at style - many think they know fashion, but they lack style. When I visit Europe, THAT'S where people-watching is fashion heaven. I love reading O (Oprah - she tackles more wellness/spiritual stuff than other mags), Marie Claire (interesting articles on women from other parts of the world), Vogue, Vanity Fair (especially for the photography)...of course, all feature plenty of fashion and makeup!

What type of foundation do you wear? Why do you love it?

I swear by Smashbox's tinted moisturiser. Goes on really sheer and blends well. Can't wear foundation when it's humid-hot; it just gets all over my phone.

What type of mascara do you wear? Why do you love it?

Clinique's High Impact mascara. It's lush and my lashes look a thousand times thicker and longer. Hmm. I should apply it all over my head. I could say something super rude now, but I won't.

What is your favourite colour for lip? Does it change between day and evening?

Is this a trick question? This depends on the eye shadow! I'll wear nude or dramatic lip colour depending on my mood or the eyeshadow as opposed to the day/night thing.

What is your favourite lipstick, gloss or stain?

Smashbox coloured lip gloss. LOVE IT. I only use the sponge tip applicator; I hate the mini brushes - they splay and get messy. I also like MAC lipstick. I get a few Clinique lipsticks in their bonus pouches, but they don't last.

What colour are your nails?

My toenails are bright candy-apple red - OPI's "Keys to My Karma". I rarely paint my fingernails; I'm a classically trained pianist, and it's a long-held habit to keep my fingernails short and unpainted. God, that sounded snobby.

Where do you buy your cosmetics?

Everywhere. I'm a whore for all shops, loyal to none.

Do you enjoy reading Spinsterish? Tell me why!

Yes! I really like the cover analysis (analysis?). It's fun to see what magazines are doing, what they're featuring, and WHY. Spinsterish is AWESOME for this and the ultimate "chick blog".

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Posted by Rebecca at [8:18 AM](#)  Labels: [Miss Spinsterish](#)

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Spinsterish is a home for beauty; a site where you can find current trends in makeup, product reviews, and beauty tips. I like to take seasonal trends from the runway and and translate them into wearable, everyday looks for us to try. I'll help you navigate the cosmetics market and choose the best to buy, and the worst to avoid. The motive? To motivate you to embrace change, try new products and be creative with your look.